

## ADMINISTRATION

## IN GENERAL

§3-4 Wellness

Loudoun County Public Schools will promote practices that enhance students' and employees' health, safety, and well-being; that support safe learning and working environments; and that improve nutrition and promote physical fitness through lifetime activities. These practices shall include goals to improve nutrition education and other school based activities designed to promote student wellness.

In order to promote student health and reduce childhood obesity, foods made available on campus will comply with applicable USDA regulations. Guidelines for reimbursable school meals shall not be less restrictive than the requirements of the Child Nutrition Act and National School Lunch Act.

The implementation of this policy shall be measured through periodic reports by appropriate staff as designated by the Superintendent.